IRB Review
IRB NUMBER: 15-157-6
IRB APPROVAL DATE: 12/27/2017
IRB EXPIRATION DATE: 12/26/2018

*Is your teen very **NERVOUS, ANXIOUS**, or **SAD**?*

*Does your teen seem **AFRAID, WORRIED** or **DEPRESSED?***

COMET

*Our research study may be able to **HELP.***

We are inviting families with an adolescent (12-18 years old), whose worry, stress, or sadness makes life harder for them, to participate in **COMET** (**C**ommunity Study of **O**utcome **M**onitoring for **E**motional Disorders in **T**eens).

COMET is a research study taking place in CT, MA and FL community clinics that evaluates treatments for teens with anxiety and depression.

What is involved in participating in COMET?

- Meet with study staff for a free evaluation to see if this study is right for you.
- If eligible, meet with your community clinician for 16 weeks.
- There is no medication involved in this study.
- Your child will receive one of three types of a talk therapy.
- Meet with study staff 3 more times during and after the intervention so we can see if your child's anxiety or depression has improved.
- Families may earn up to $220 in gift cards for participating.

For more information, please contact:

COMET Study Team
860-523-3779
COMET@uchc.edu

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IRB Number: 15-157-6
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