



## H.W Porter Breakfast Menu

**Grab n' Go an assortment of Whole Grain items will be available daily**

Pumpkin Bread

Apple Roll

Cinnamon Toast Crunch Cereal Bar and Yogurt

Mini Pancakes

Bagel with Peanut Butter (peanut butter must be eaten in the cafeteria) or Cream Cheese

Cinnamon Roll

### **Available in Café Hot Breakfast Sandwich**

Biscuit, Egg and Cheese

English Muffin, Egg and Cheese

Cheese and Egg Omelet on a Croissant

Pancakes & Sausage on a Stick

\*\*\*\*Hot Sandwiches will be available one or two times per week. A schedule will be posted in advance.\*\*\*\*

**Daily all meals will offer a 1 cup serving of fruit / 100% fruit juice and milk. Milk choices are low fat & fat free flavored or unflavored milk. Students must select a 1/2c serving of fruit or fruit juice. All grain items served will be whole grain.**

**Full Price Student breakfast \$1.50, Eligible Students Reduced Price Student breakfast \$0.30 Adult Meal \$2.00.**

**This institution is an equal opportunity provider.**