



## **Hello to all Parents of Horace W. Porter School!**

*I would like to take the opportunity to introduce myself to those of you whom I have not had the opportunity to meet yet. My name is Alicia Spakowski, M.S., and I am very excited to share with you that I will be working under Dr. Lynn Rookey, HWP School Psychologist, as her intern for the 2017-2018 school year. I currently attend the University of Hartford, Graduate of School Psychology program and I intend on graduating with my sixth year certificate in May of 2018. Prior to Horace W. Porter School, I had the opportunity to service children in an array of settings including behavioral settings within urban districts.*

*Want to know a little about me? When I am not being a student or an intern, I am a health and wellness coach where I teach women of all ages how to live a happier and healthier lifestyle. During the summers, I help coordinate a Parks and Recreation Summer Camp for ages five through twelve. In my free time, I enjoy competing in races, going for walks with my pup named George, and spending time with family and friends.*

*I am very passionate about facilitating a positive learning environment and I intend on working closely with staff and students to ensure your child is learning in a productive and safe environment. My areas of interest include: growth mindset, mindfulness, and positive work environments. My hope for this year is to work closely with students and staff members on enhancing these focus areas. I am looking forward to getting to know you and your child throughout my time here at Horace W. Porter School, as the need arises.*

*If you have any suggestions that you believe I would benefit from, please email me your ideas ([aspakowski@hwporter.org](mailto:aspakowski@hwporter.org)). You may also reach me at Horace W. Porter School if you should have any questions, comments, or concerns.*

*Kind regards,  
Alicia Spakowski, M.S.  
School Psychologist Intern*

*Supervisor:  
Dr. Lynn Rookey  
School Psychologist*

