



Shaolin Kempo Martial Arts Class

8 weeks, starts April 4th
Tuesdays, 3:30 – 4:30 pm
Yeomans Hall

\$55 + \$15 T-Shirt

3rd Grade
& Up!

**IMPROVE YOUR PHYSICAL
FITNESS, AGILITY, AND
SPEED!**

**DEVELOP YOUR CHILD'S
FOCUS, RESPECT AND SELF
DISCIPLINE!**

“As martial Artists we lead by example, treating others the way we want to be treated; we do the right thing whether we want to or not; we use self-control and take responsibility for our actions; we only use our martial arts when bodily harm comes our way.”

Register online or contact Columbia Recreation
to sign up. No walk-ins.

Website: <http://Columbia.recdesk.com>

Email: recreation@columbiact.org

Phone 860-228-8513